

## Who Can be a VA Medical Foster Home Caregiver?

All VA foster homes must meet state license requirements.

Caregivers must:

- Own (or rent) and live in the foster home.
- Be at least 21 years old.
- Complete the VA MFH application/inspection process.
- Help plan and follow the treatment plan with the veteran and the home care team.
- Have a written crisis and respite plan.
- Receive ongoing training.
- Care for no more than 3 residents.



If you are interested in the VA Medical Foster Program as a resident or a caregiver, call (612) 467-2619 or 866-414-5058, extension 2619 (toll-free).

If you are a veteran, you may also ask your primary care provider to send a consult for Medical Foster Care and the Home Based Primary Care Program.



### VA Foster Home Video:

<http://www1.va.gov/opa/feature/amervet/video/amvet2008-3-3.aspx>

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## VA Medical Foster Home



**Minneapolis  
VA Medical Center**

## Medical Foster Homes – A Dynamic Alternative to Long-Term Care

When living at home becomes difficult, most people would rather remain in a home-like setting than move to a nursing home. In moments like this, the VA Medical Foster Home (MFH) team is here to help.

MFH is a voluntary care option. We can help you find a MFH that meets high standards of quality care and safety. A home that is warm and caring. We will ask that, you and your family or other support people tour homes before making a decision.



## Am I Eligible for a MFH?

If you are a patient at the Minneapolis VA Medical Center and have needs that can no longer be met in your home, you may be eligible.

Care needed may include:

- Complex physical care
- Medication management
- Mental health issues
- Memory issues/  
dementia

Common health concerns include: heart disease, diabetes, substance abuse, Parkinson's disease, spinal cord injury, and brain injury.

There is a charge/rate for MFHs. The cost may be paid using a combination of private income, social security, savings, VA income, or county funding. Charges are based on your care needs and financial resources.

You and the caregiver will sign a private care agreement that covers the care needed, the rate, rights, and responsibilities.

## Living in a Medical Foster Home

A team from our Home Based Primary Care Program (HBPC) will visit you. The team includes a doctor, nurse practitioner, nurse, social workers, occupational therapist, recreational therapist, psychologist, dietitian, and pharmacist. Team members will visit, as needed, to provide case management and support to you and the caregiver. Other VA programs may also be used to support you and the caregiver.

Medical foster homes provide:

- Private/semi-private rooms
- Home-like living
- Flexibility and choice
- A supervised setting
- Three meals/snacks daily
- Socialization and recreation
- Personal care
- Medication management
- Other care support, as needed